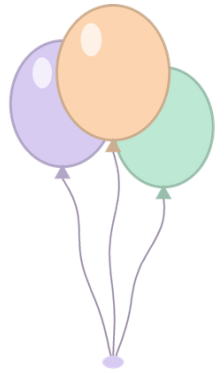




A DAY IN THE LIFE OF The Baby Room

Gentle days full of cuddles, discovery and play



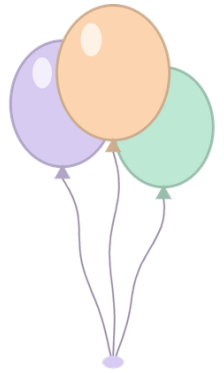
☐	7:45 – 8:45	Breakfast
☐	9:00 – 10:00	Free play / Adult-led activities
🍏	10:00 – 10:15	Morning snack
☐	10:15 – 10:30	Nappy changes
✨	10:30 – 11:00	Sensory play
🌳	11:00 – 11:30	Outdoor play
☐	11:30 – 12:00	Lunch
😴	12:00 – 1:00	Nappy changes / Sleep
☐	1:00 – 2:00	Free play / Adult-led activities
🍏	2:00 – 2:15	Afternoon snack
☐	2:15 – 2:30	Nappy changes
🌳	2:30 – 3:00	Outdoor play
✨	3:00 – 4:00	Sensory play
🍽️	4:00 – 4:30	Teatime
☐	4:30 onwards	Free play / Adult-led activities



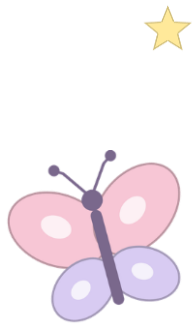


A DAY IN THE LIFE OF The Toddler Room

Busy little explorers learning through play



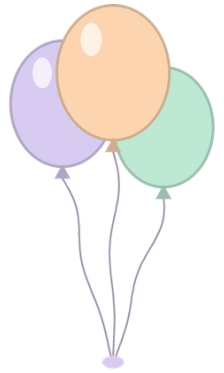
☐	7:45 – 8:45	Breakfast
☐	9:00 – 10:00	Free play / Adult-led activities
🍌	10:00 – 10:15	Morning snack
☐	10:15 – 10:30	Nappy changes
☐	10:30 – 11:00	Free play / Adult-led activities
🌳	11:00 – 11:45	Outdoor play
📖	11:45 – 12:00	Carpet time
☐	12:00 – 12:30	Lunch
😴	12:30 – 1:00	Nappy changes / Sleep
☐	1:00 – 2:00	Free play / Adult-led activities
🍌	2:00 – 2:15	Afternoon snack
☐	2:15 – 2:30	Nappy changes
🌳	2:30 – 3:30	Outdoor play
✨	3:30 – 4:00	Sensory play
🍽️	4:00 – 4:30	Teatime
☐	4:30 onwards	Free play / Adult-led activities





A DAY IN THE LIFE OF The Pre-School Room

Growing confidence, curiosity and friendships



- | | | |
|---|--------------------------|--------------------------------|
| ☐ | 8:00 – 9:00am | Arrival and Breakfast |
| ☐ | 9:00 – 11:00am | Free play / Focused activities |
| 🍷 | 10:00 – 10:30am | Snack |
| 📖 | 11:00 – 11:15am | Circle time |
| 🌳 | 11:15am – 12:00pm | Outdoor play and nappy changes |
| ☐ | 12:00 – 12:30pm | Lunch |
| 🌳 | 12:30 – 1:30pm | Outdoor play |
| ☐ | 1:00 – 1:15pm | Teeth brushing |
| 📖 | 1:30 – 1:45pm | Circle time |
| ☐ | 1:45 – 3:00pm | Free play |
| 🍷 | 2:00 – 2:15pm | Snack time & Nappy changes |
| 🎵 | 3:00 – 3:20pm | Dancing / Exercise |
| 🌳 | 3:20 – 4:00pm | Outdoor play |
| 🌙 | 4:00pm onwards | Evening routine |

