Our Menu

Week 1

Our menu runs on a two-week rotation, so Week 1 and Week 2 alternate.

Breakfast every day: a choice of cereal and milk with fruit

Monday

MORNING SNACK
Grapes (quartered) and rice cakes with cheese or butter

DINNER
Lentil curry with rice
Pudding: *Jam tarts*

AFTERNOON SNACK
Orange and apple

TEA
Jacket potato with baked beans and grated cheese
Pudding: *Yogurt pots*

Tuesday

MORNING SNACK
Pear slices and oranges

DINNER
Spaghetti bolognese (mince, veg sauce)
Pudding: *Carrot cake muffin*

AFTERNOON SNACK
Crackers with soft cheese

TEA
Scrambled eggs and toast
Pudding: *Flapjack*

Wednesday

MORNING SNACK
Apple and toast

DINNER
Fish fingers, potatoes, sweetcorn and parsley sauce
Pudding: *Cake and custard*

AFTERNOON SNACK
Grapes (quartered) with breadsticks and cheese spread

TEA
Spaghetti hoops and potato waffles
Pudding: *Cupcakes*

Thursday

MORNING SNACK
Breadsticks, cream cheese and apples

DINNER
Shepherd's pie
Pudding: *Fruit salad*

AFTERNOON SNACK
Carrots and cucumber with dip

TEA
Tuna and sweetcorn or cheese sandwiches
Pudding: *Jelly*

Friday

MORNING SNACK
Melon and bananas

DINNER
Chicken dinner with gravy and mash
Pudding: *Angel Delight*

AFTERNOON SNACK
Rice cakes

TEA
Cheesy pasta bake
Pudding: *Fruit flan*

Next week: see our Week 2 menu.

Our Menu

Week 2

Our menu runs on a two-week rotation, so Week 1 and Week 2 alternate.

Breakfast every day: a choice of cereal and milk with fruit

Monday

MORNING SNACK
Cheese sticks and cucumber sticks

DINNER
Cheese potato pie with peas and sweetcorn
Pudding: *Oat and raisin biscuits*

AFTERNOON SNACK
Crumpets

TEA
Tomato soup and toast
Pudding: *Jam biscuits*

Tuesday

MORNING SNACK
Oranges and breadsticks

DINNER
Lasagne and vegetables
Pudding: *Jelly fruit*

AFTERNOON SNACK
Crispbreads

TEA
Mac and cheese
Pudding: *Rice pudding*

Wednesday

MORNING SNACK
Apple and melon

DINNER
Fish curry and boiled rice
Pudding: *Banana and custard*

AFTERNOON SNACK
Cheese crackers

TEA
Beans on toast
Pudding: *Scones with jam*

Thursday

MORNING SNACK
Teacakes

DINNER
Chicken and sweetcorn noodles
Pudding: *Fruit cheesecakes*

AFTERNOON SNACK
Cherry tomatoes and peppers alongside hummus and pitta

TEA
Fish cakes and potato wedges
Pudding: *Yogurt with tinned fruit*

Friday

MORNING SNACK
Banana and apples

DINNER
Vegetable rice
Pudding: *Angel Delight*

AFTERNOON SNACK
Toast with pears

TEA
Pizza, chips and beans
Pudding: *Apple crumble and custard*

Next week: see our Week 1 menu.